



Learn to Curl Clinic

Back by popular demand! This three-hour clinic will provide you with initial instruction needed to enjoy this great winter recreational activity! This is the last chance to learn the game in the 2009-2010 season. If you missed out on our 3-day curling school, don't miss this opportunity to get a head start on the 2010-2011 season.

Date and Time:

Tuesday, March 23, from 6:00 to 9:00 PM

Items covered will be:

- Delivery (Balance, Direction, Weight Control, Turn & Release)
- Sweeping (Gripper Method, Reasons To Sweep, Sweeper Responsibilities)
- Team Positions
- Rules of the Game and Etiquette

What's Included:

- Equipment (grippers, broom, slider, rocks)
- Light snacks
- Hand-out materials
- Short game so you can experience all you have learned!

What To Bring:

- Carry in a clean pair of sneakers (don't wear them in)
- Wear warm comfortable clothes
- Avoid jeans (stretch pants, jogging or sweat pants are best)

Fee: \$30

Pre-register by e-mail cjones@tristate.biz or phone: 315-624-3801